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It is useful for  
climbers to engage  
with **grief** in a  
healthier way.  
Alex Honnold

AAC member Henna Taylor



The Climbing Grief Fund (CGF) evolves the conversation around grief and trauma in the climbing community and connects individuals to effective mental health professionals and resources.

To learn more, visit:  
[americanalpineclub.org/grieffund](http://americanalpineclub.org/grieffund)  
On Instagram @climbinggrieffund

- CGF acts as a resource hub, better equipping the mental health of our climbing community through:
- ✚ Individual Grants for support related to grief and trauma
  - ✚ Story Archive Project: video; audio; written
  - ✚ Mental Health Directory and Resources
  - ✚ Psychoeducation Workshops (for individuals, organizations, companies)

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Your donation helps fellow climbers suffering from grief. To **DONATE** text the word “**GRIEFFUND**” to **44-321**  
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